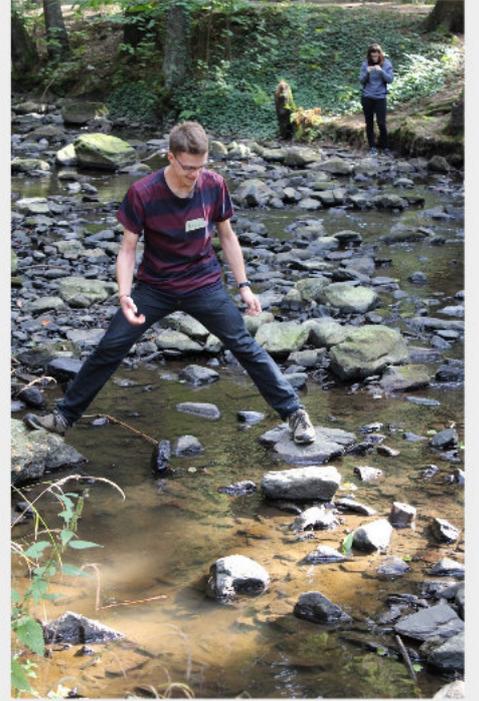




DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
8 ⁰⁰ -8 ⁴⁵ ☕	☕	☕	☕	☕	☕
COFFEE BREAK WARMING UP & GETTING TO KNOW...	BIGGER PICTURE	PROJECT IDEAS	WHAT RESOURCES ARE NEEDED?	WHAT NEXT?	
15 ⁰⁰ -14 ³⁰ ☯	☯	☯	☯	☯	☯
COFFEE BREAK RIVER OF EXPERIENCE	POWER & CHANGE	HOW TO REACH OUR GOALS	SHARING RESPONSABILITIES	GOOD BYE!	
19 ⁰⁰ -20 ⁰⁰ ☯	☯	☯	☯	☯	☯
WELCOME WRAP-UP OF THE DAY	THE HERO'S JOURNEY WRAP-UP OF THE DAY	THE WORK THAT RECONNECTS WRAP-UP OF THE DAY	WRAP-UP OF THE DAY		



- GROUP Agreement
- * mindful of Language barriers
 - * respect to the others (attitudes)
 - * listening attentively
 - * be courageous to speak out
 - * be conscious about the space we take while talking, speak with essence
 - * only 1 person talking at a time
 - * challenge ourselves
 - * group "hmm" to create silence
 - * be on time
 - * using a "hand language"
 - * confidentiality
 - * mindful presence & shared responsibility for the group AND group processes
 - * upstairs: silence after 10 PM
 - * english as a common language
 - * mixing the "national" groups



- YOUTH VOICE
- CIVIC PARTICIPATION
- COMMUNITY COHESION
- INCLUSIVE REPRESENTATION
- SEXUAL REPRODUCTIVE HEALTH
- GENDER INEQUALITY
- ECONOMIC SYSTEMS (DEGROWTH,...)
- YOUTH DEVELOPMENT
- ENVIRONMENTAL EDUCATION
- LIVELIHOODS & EMPLOYMENT
- HOMELESSNESS
- REFUGEE "CRISIS"
- GLOBAL HEALTH + ACCESS TO MEDICINES
- MENTAL HEALTH
- EDUCATION
- HUMAN TRAFFICKING (MODERN SLAVERY)

OPEN SPACE

	15:45 - 15:45	15:45 - 16:15	16:15 - 16:45
Plenary Room	Youth Political Engagement	HOMELESSNESS	Gender Inequality
Chill-out Room	Alternative Ways of living	HOW TO RISE CONSUMPTION AWARENESS	MNC's community
Dining Room			Opportunities to get involved

REPORTING
* TOPIC
* KEY DISCUSSION
* NEXT STEPS

GLOBAL POWER HIERARCHIES

Power = Resources, Control, Knowledge, Money
example: exploitation raw materials

GLOBAL:



Power over resources
mostly: Global North
↑
benefitting

LOCAL:



• overflow of goods
• "desire" for even more consumption
• lack of awareness & reflection

YOU



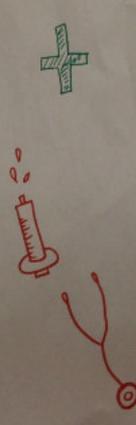
• personal benefits
- cheap prices
- freedom to travel
- volunteer services without qualifications

↳ reinforce power hierarchies + setting standards + idealisation



HEALTH

- Pharma Companies
- Research
- Stigmatisation
- Access to Healthcare
- Quality of Healthcare Differs
- Private vs. Public
- Cultural Beliefs
- Modern & Traditional Medicine
- Financial Issues
- Altruism F&T
- Social Norms
- Writing Lists - getting more sick
- Reproductive Health
- Mental Health Issues
- ugenics
- Access - Public vs. Private
- Medical Tourism
- Vulnerable People







Brainwriting

Name of project: Political education workshops for young people

How to structure such a workshop?	How to make the workshops interesting / funny / lively / engaging?	How to engage / encourage young people to actively participate in politics?
Start with telling the group how they can have an impact - explain the theory & then a game like role play - theory in practice	Set up like a game - classroom - give everyone roles - group can see how it works in practice	Show them examples of other people's engagement & how it had an impact!
Ask them to think about how they would explain their language in debates w/ aligned role	Make sure members participate - Hypothetical school community - age / sex / race etc.	Focus on things that influence them in politics - lobby etc - do they get them to do things / conduct surveys / etc. R
Start off talking about the issues they are about. Then an exercise on how government works but an interactive exercise. Then call to action. Ask what they need to change (improve)	Do the workshop in a debate exercise we did yesterday. Read a statement and vote to agree / disagree or not sure. Then invite them to debate their positions. Then tell them	Start by talking to them about the things they care about. Ask them what do you care about? Then help them connect the issues they care about to the government
what are they passionate about? Non formal edu. Democratic discussion. Note their special interests and needs of listening. Create space for friendship building.	Explain the... are responsible for the... Give candidates/people where involved. Create safe space. Give successful examples of new adults who were very active.	Empower them in possibility of change creating

Work sheet - time & workload

Question 1: weekly workload (assuming a normal week)
 How many hours per week are you able and willing to spend on the project realistically?
25 hours per week

Question 2: daily workload
 divide the number of hours per week through 7
 result: 0.5 hours per day (if the result is less than 1 hour, specify with 0,xy)

Question 3: "preoccupied-days"
 How many days are there until the end of the project during which you do not have time at all for the project (full-time job, studies, vacations, free week-ends...)?
 Please count these days.
 result: 30 preoccupied days

Question 4: total workload
 There is a total number of 180 days until the end of the project.
 Please subtract the number of preoccupied days from the total number of days.
180 days minus 30 blocked days is 150 free work days.
 Please multiply your daily workload in hours with the number of free work days.
0.5 hours/day multiplied with 150 free work days is 75 total number in hours.

Total result: 75 hours of workload do you have available for the project.

$150 \times 0.5 = 75$

75
~~70~~
 65
 70
 40
 344
1300



Work sheet: Gantt-Chart

Name of the project: Youth for change? Workshop March (= 10.11.7)

Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16	Week 17
Research																	
Group Work																	
Funding																	
Emails																	
Planning																	
Appointments																	
Get material																	

Workshop Planning Workshop
 Workshop day
 Evaluation

*lock up holiday dates Emailadress *biggio calendar ✓



SPARKS

- Visual Campaign!! (2)**
 - photos.
 - provocative.
 - video
- Social Experiment!! (3)**
 - organise a mobile van
 - A have actors in the crowd - spark out shock.
 - suss out peoples stance.
 - Share on social media.
- Lobby Gov.!! (4)**
 - Prove prevention is
 - Generate support
 - Surveys
 - Link w/ organisations with some interests.
- Research!! (1)**
 - Major + main topics
 - Central groups +/- info
 - P P P **Critical**



THE FIRE!

X Curriculum

- A → Primary
- B → Secondary
- C → college (sexy health)
- D → others ie; Global south etc....

Practical

- condom use.
- contraceptives
- consent.
- relationships
- side effects of med. male + female.

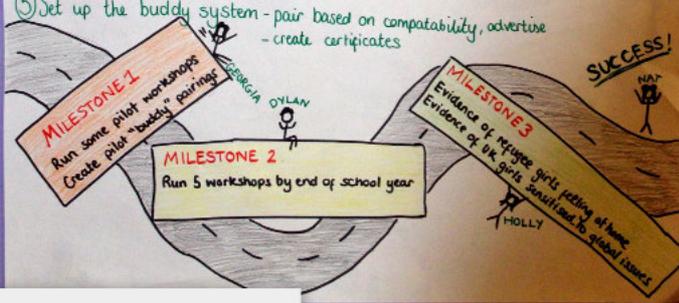
control + confidence of body + mind.

Sinead Murray.



GLOBAL GIRLS

- Find our brand (mission statement & proposal) - End of October
- Market research (similar organisations / potential partners / community need)
 - Source volunteers & guest speakers for workshops
- Session plans for workshops - 5 workshops by the end of October
 - A. Introduction
 - B. Self-esteem & self-confidence
 - C. Healthy relationships
 - D. ELECTIONS! Goal-setting / aspirations
 - E. "Global Girls" - link to songs & presentations of home country
 - F. Celebration
- Contact / Identify schools & arrange meetings to show proposal - End of November
- Set up the buddy system - pair based on compatibility, advertise - create certificates

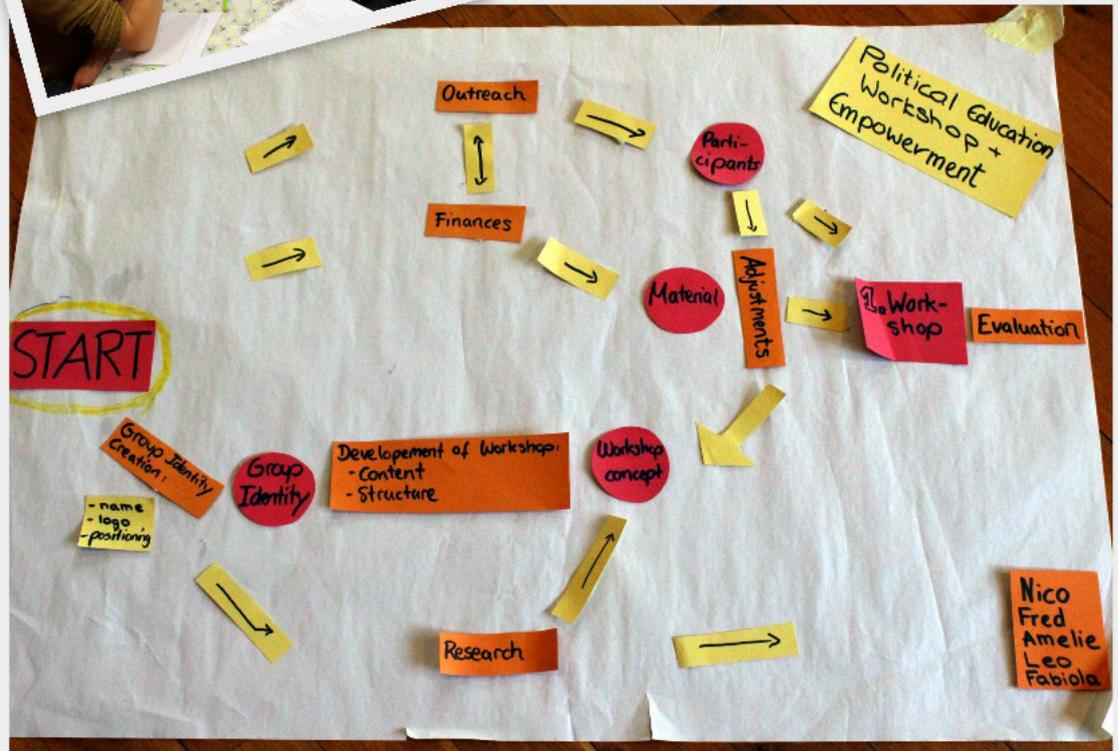


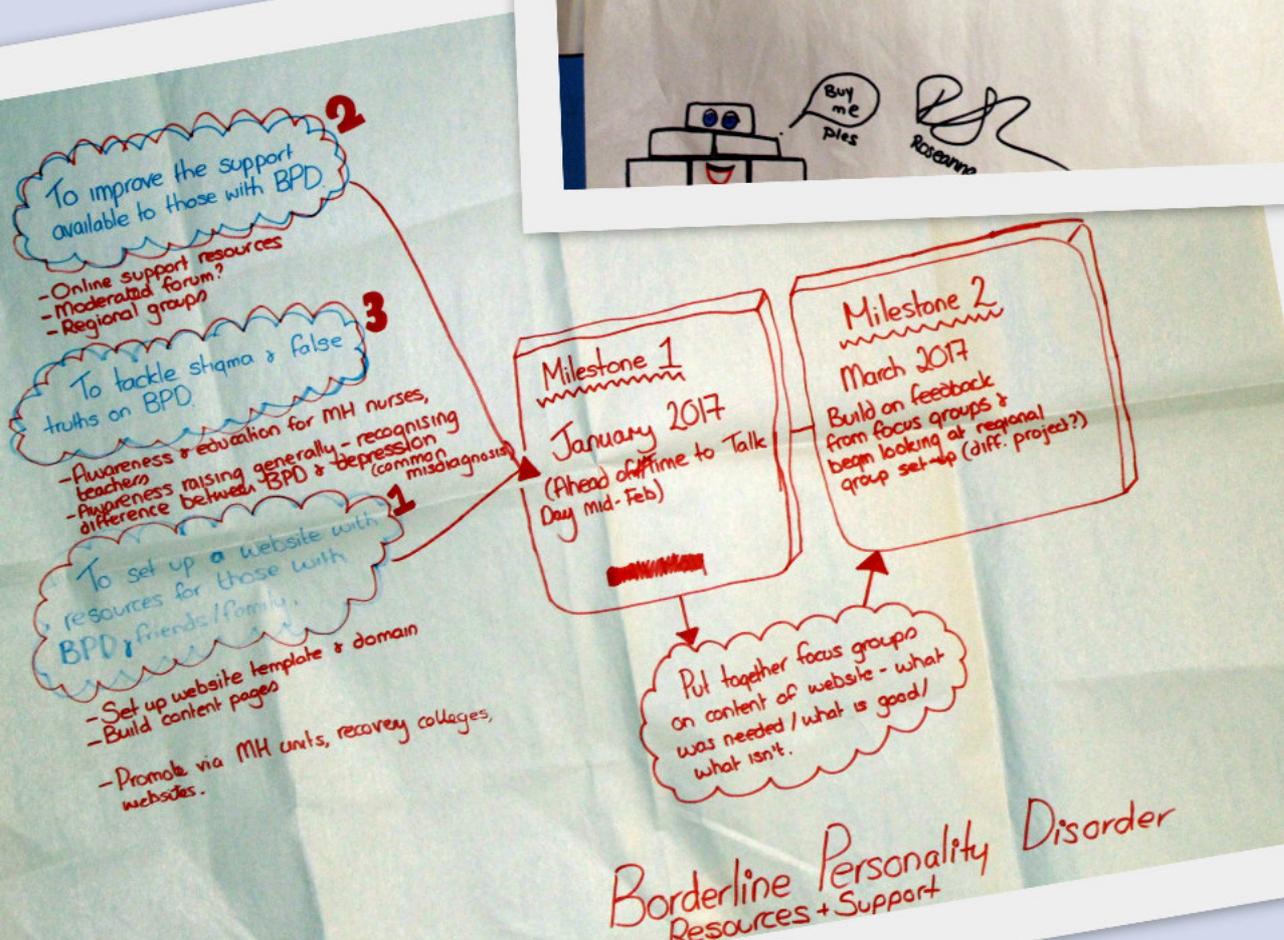
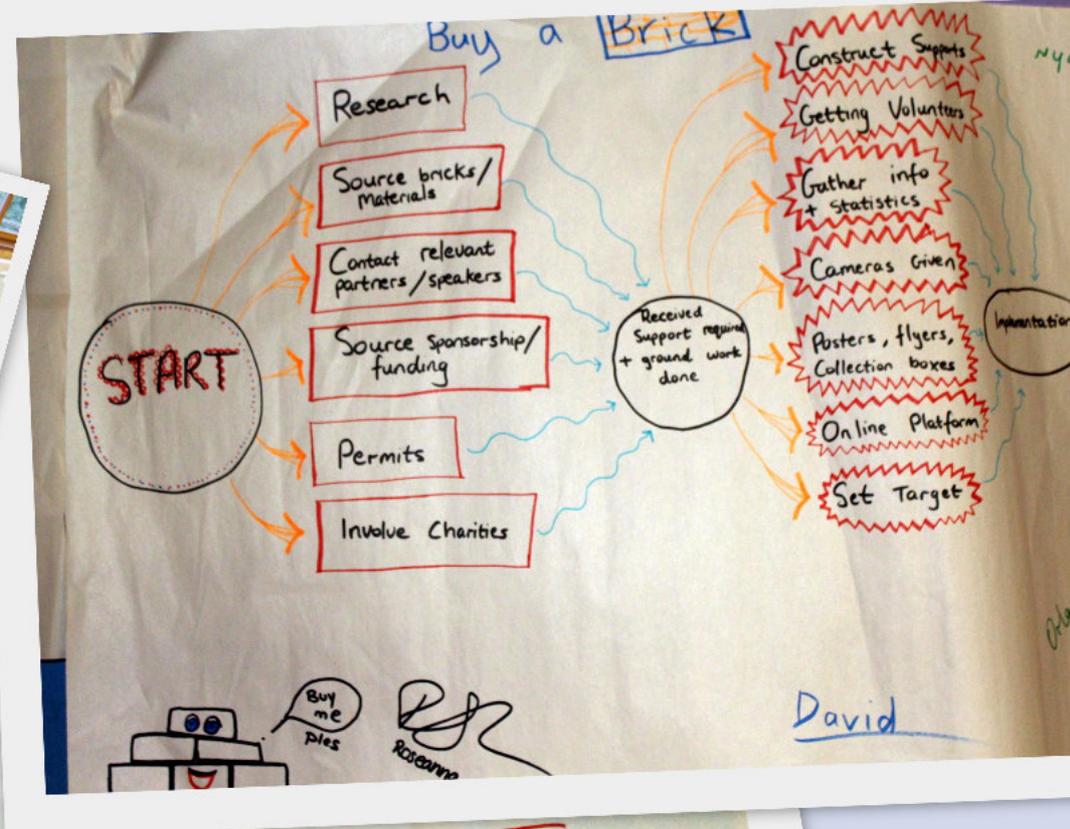
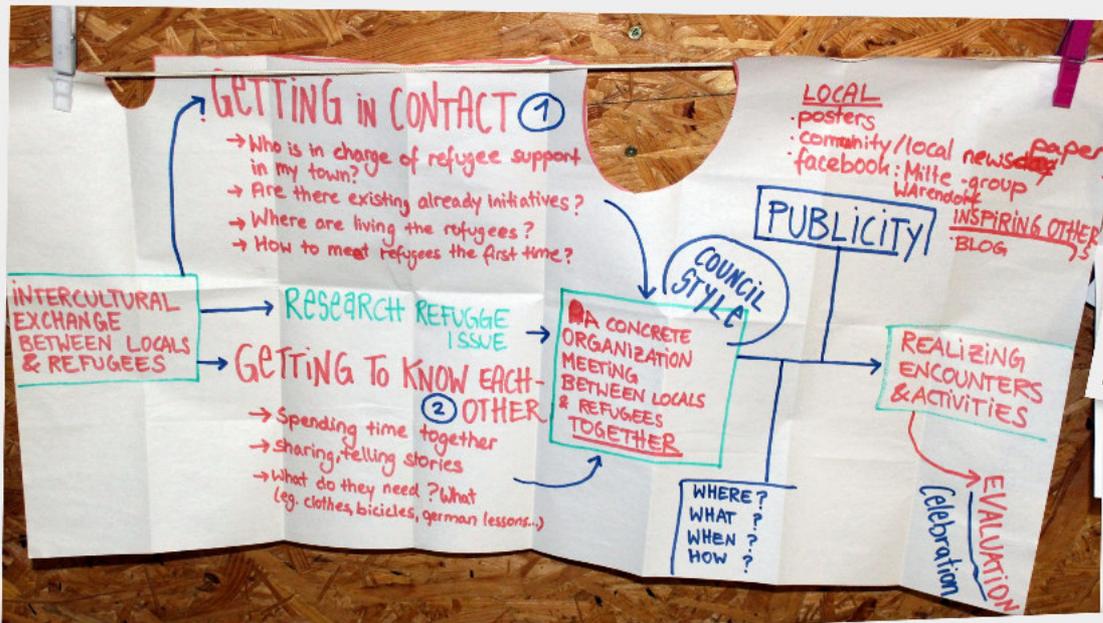
MILESTONE 1: Run some pilot workshops, Create pilot "buddy" pairings

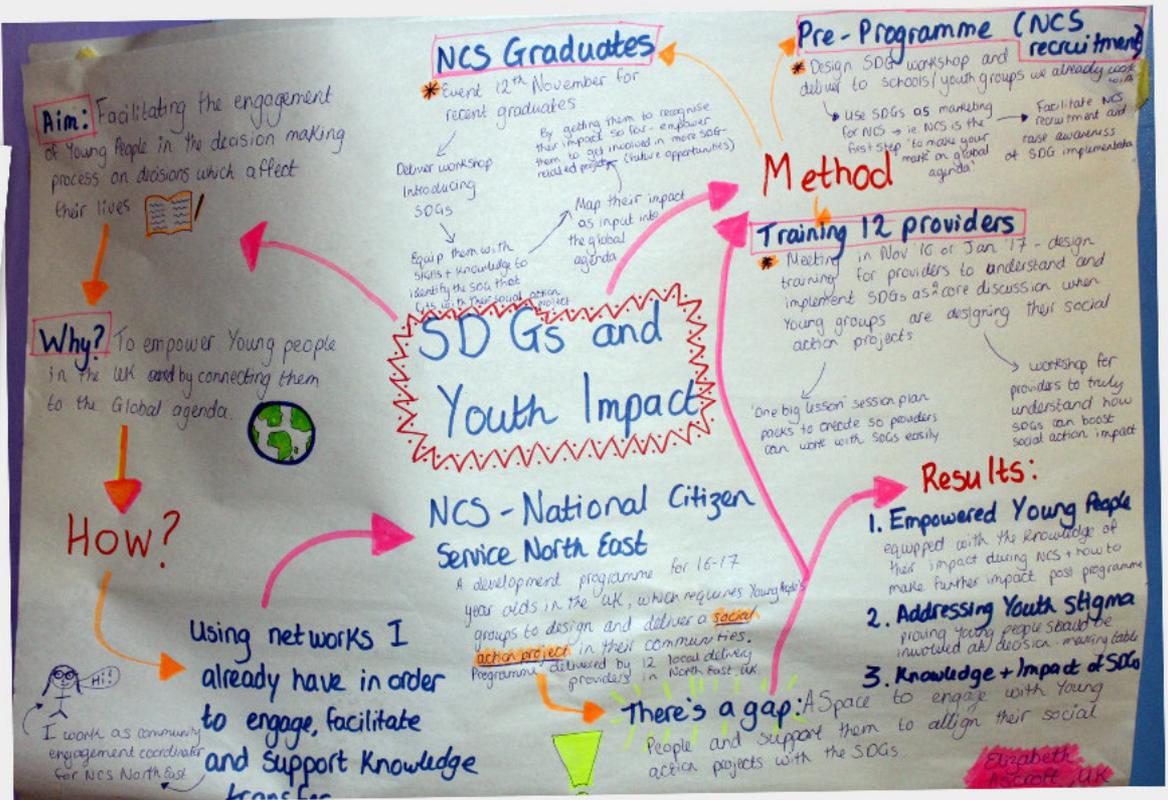
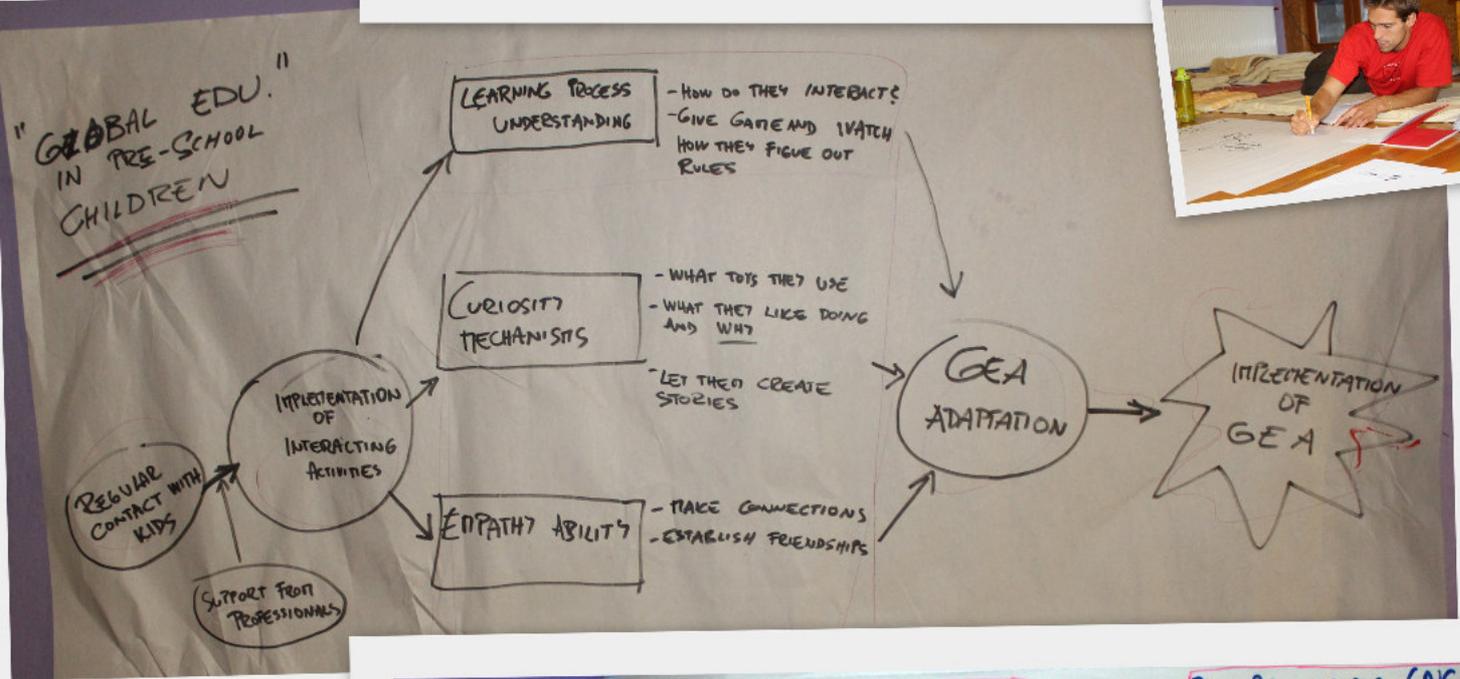
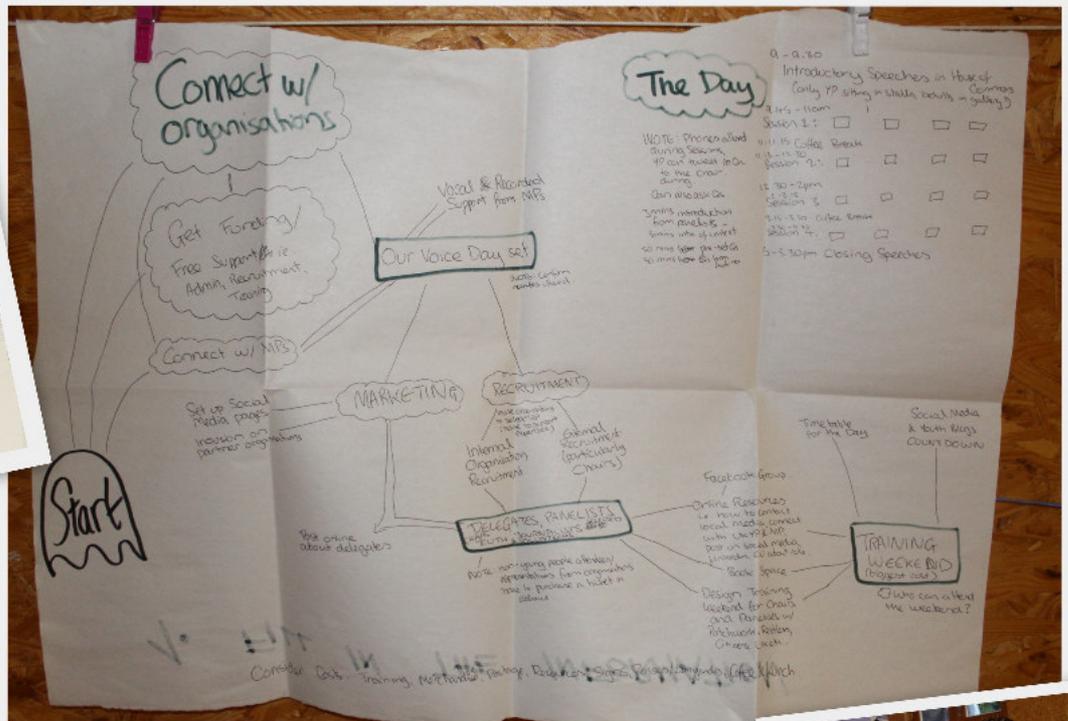
MILESTONE 2: Run 5 workshops by end of school year

MILESTONE 3: Evidence of teenage girls feeling at home, Evidence of UK girls sensitised to global issues

SUCCESS!







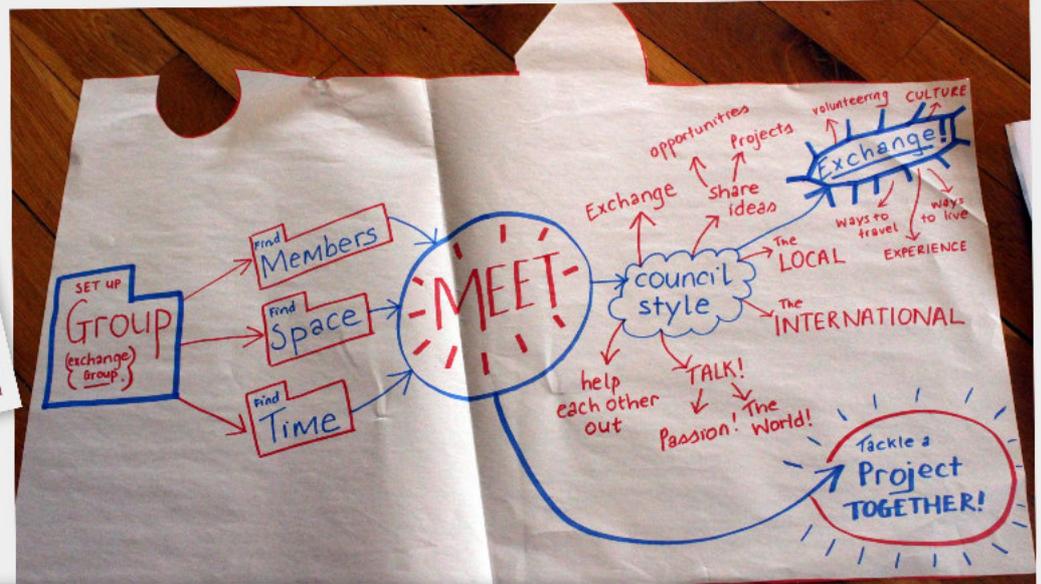
BREXIT WORKSHOPS

AIM

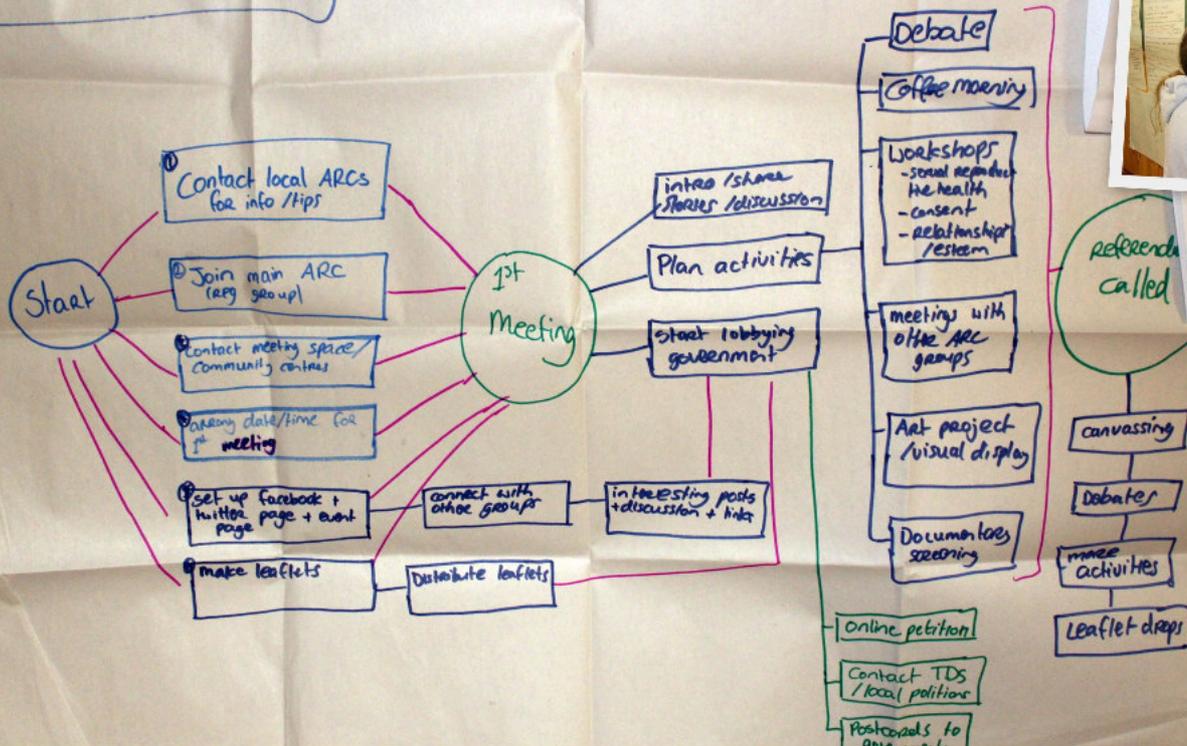
Gathering views of young people on the Brexit negotiations in order to get the best possible deal

OBJECTIVES

- Get 100 young people to complete survey on Brexit negotiations
- Deliver 10 workshops on the EU and the Brexit process
- Recruit and train 5 volunteers to deliver workshops



Local Abortion Rights Campaign Group





Ethical Fashion

- ① Research Ethical Fashion
- ② Get in contact with ethical brands and Charity St
- ③ Get Venue
- ④ Get Models
- ⑤ Advertise
- ⑥ Host Ethical Fashion
↳ Sell Care and Share products

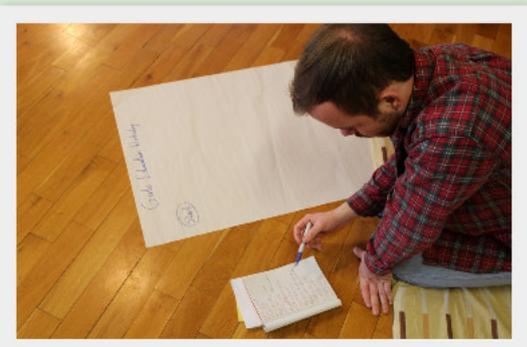
Keanna Shanahan

TED TALK: DO NOT TELL ME WHERE YOU FROM, BUT TELL ME YOUR STORY → India's Daughter

Books / Films / Documentaries etc...
 Amy Poehler & the Hero's Journey
 which have inspired

The Lightless Sky - Book r/e refugees' plight (memoir)
 Little Princess - Book r/e child trafficking in Nepal
 The Prisoner of Tehran - Book (memoir) woman taken as political prisoner in torture jail
 "Doing good better" - Book r/e Effective Altruism
 "Americana - Chimanda" - Song
 "Africa for Norway" - Song
 "Barbie Saviour" - Instagram (funny rather than inspirational)
 Francesca Ramsey - Video "Whitesplaining"
 ORIANA FALLACCI, NOTHING, AND SO
 THE STRUGGLE OF BE IT
 THE WHITE EAGLE
 Active Hope - how to face the mess we are in with out going crazy
 The Alchemist
 Film: GAS LAND (about fracking)
 Taste the waste
 Bottled life
 Plastic Planet / Blue Plastic (films)
 An imperfect offering
 Conspiracy (film)
 Requiem for the American Dream (film)
 Tomorrow (film) *The True Cost - Fast fashion

on a man who invents a machine that rural Indian women can buy to make purple-santitas packs
 Alice Walker
 why he should all be feminists
 who wants to be a volunteer? Youtube vid.
 Samsara (on Netflix)
 Being Ida (Ida's Diary) - Documenting about a girl with BPD
 Desiderata (Desired Things)
 TED: YOU WANT TO HELP? SHUT UP AND LISTEN



Funding / Grant Ideas

- The Key - advertised on iDecide.uk too - projects grants available to groups of Young people
- Try search local Voluntary + community sector (VCS) centres → They may be able to sign post local grants from your local authority area
- Crowdfunding - You set up fundraising page + Anyone can donate
- Local Councils - particularly Youth services
- Rotary clubs
- ICS consortium - ask your coordinator
- vInspired - UK's leading youth volunteer agency (14-25yr olds) - advertise opportunities to volunteer (so you can advertise here too for volunteer recruitment) - and they advertise funding available - vInspired.com
- Anyone working in North East UK → come chat to me! Elizabeth.
- Hot Chocolate Trust (may just be Scotland, but check!)
- Oz Think Big (not sure if still running or not, but check!)



Campaigns Marketplace

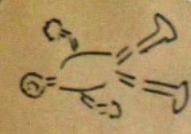
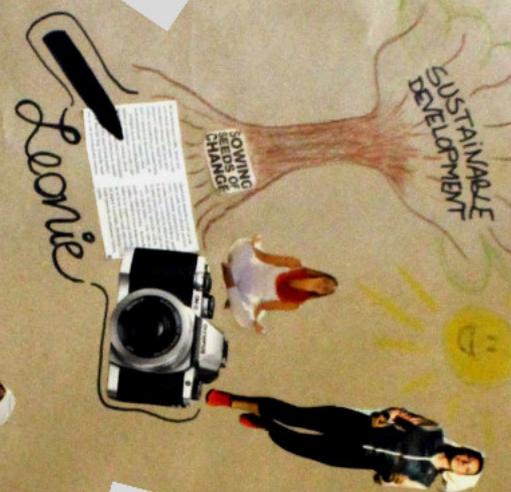
- Swing the Vote / Bike the Ballot / Make Your Mark (Youth Political Engagement)
- Routes to Roots (Migrants Stories)
- Beyond a Tin of Food → #BeyondFood (Food Poverty)
- Youth Stop Aids
- Youth Power (Restless Development)
- Undivided (Youth local engagement with Brexit)
- My Life, My Say (Young People debating topics of the day)
- Time to Change (Mental Health)
- Live below the line (Food Poverty)



Suofra



HOSE



Ruth



Thank you!



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